

# Sheffield Festival of Athletics

Present

## The Steel City Cup

CHALLENGE MATCH

**CITY OF SHEFFIELD & DEARNE AC V HALLAMSHIRE HARRIERS**

**V ROTHERHAM HARRIERS**

**& Jeff Ford Memorial Open Walks**

Mount St Mary's College

College Road Spinkhill Sheffield S21 3YH

Sunday 11th Sept 2016

### Timetable of events

10.45	Sprint Hurdles	<input type="checkbox"/>			
11.30	800m	<input type="checkbox"/>		10.45	Hammer <input type="checkbox"/> (No U11/U13s)
12.00	100m	<input type="checkbox"/>		11.30	Long Jump <input type="checkbox"/>
13.00	400m	<input type="checkbox"/>	(No U11/U13s)	12.30	Shot <input type="checkbox"/>
13.30	2/3/5K Walk	<input type="checkbox"/>		13.00	High Jump <input type="checkbox"/>
14.15	200m	<input type="checkbox"/>		14.00	Discus <input type="checkbox"/> (No U11/U13s)
15.00	1500m	<input type="checkbox"/>	(No U11s)	15.00	Javelin <input type="checkbox"/>
15.45	Relays	<input type="checkbox"/>			

Under 11/13 can do 3 individual events, under 15/17/20 4 individual events,  
Please tick box for required event

**Entry Fees; £5.00 one event £8.00 two events and £10.00 3 events, £12 4 events  
( no charge for relay)**

**Held under UKA rules of competition**

Entries by: 9<sup>th</sup> Sept to: John Howley 54 Stradbroke Drive Sheffield S13 8SD

For which I enclose the fee of £ \_\_\_\_\_

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age Group \_\_\_\_\_

Club \_\_\_\_\_

Signed \_\_\_\_\_ (Parent or Guardian if Under 16)

Cheques Payable to **Sheffield Festival of Athletics**

Race numbers to be collected on the day

Online Payments can be made contact John Howley on 07846922437 or email john@howley.plus.com

Medals will be awarded to the first three athletes at each age group in each event. (not relays)

No Finals – all decisions based on times.

Any number can enter each event, but only the first three from each club will score toward the Steel City Cup